

DAPL ADULT SERVICE

DAPL have been providing services to adults who are in need of counselling, support and information since 1994. During this time we have recognised the importance of tailoring the service we offer to the need of the individual accessing our service. At DAPL we pride ourselves on our commitment to developing our service with the client at the centre; we achieve this by client consultation, responding to developing trends in substance use and by keeping up to date with current developments in the substance field.

Since 1994 dynamic and creative thinking have been at the core of DAPL's ethos, which has enabled us to grow and develop into an agency that has a genuine commitment to providing specialist counselling, information and support to adults in need within the communities we serve.

What can you expect?

The adult service offers free, confidential one to one counselling, advocacy, support and information to anyone affected by their own or another's substance use.

Within the Adult service we offer our services to individuals, who are in need of support with their own substance use, be it illicit drugs or prescribed, solvents and or alcohol use. We also offer our services to individuals who are affected by another's substance use, be it a friend, partner or family member. DAPL workers draw upon a wide range of skills, which are proven to be effective in helping people sustain positive change with alcohol & drug related problems.

How long can you attend?

Our service is not time limited, this means that the client can work with our counsellors for a period of time agreed between the counsellor and the client to support the exploration of issues arising from their own or another's substance use, with the view to supporting sustained and positive lifestyle changes.

Where do DAPL offer their services?

DAPL pride its self on providing our specialist services to the communities we serve within the communities the client resides. At present DAPL offers specialist counselling and support to the communities of Levenmouth (Leven, Methil, Buckhaven, Kennoway) Central Fife (Kirkcaldy, Glenrothes and surrounding areas). We also provide our services to the communities of North East fife (Cupar, StAndrews, East Neuk and surrounding areas). To date DAPL have offices in Leven and Kirkcaldy and also offer our services in various locations throughout Fife.

In addition to our general services, DAPL Adult Service was successful in securing funding from the Scottish Executive to develop our services for homeless individuals who have a co-occurring substance use issue. At present we offer a Fife wide service to homeless clients to ensure we can constantly support the client should they relocate throughout fife.

Acudetox

DAPL offers Acudetox (Ear acupuncture) to clients who access our service and to individuals who are waiting on an appointment with our service. At present there are groups run by to fully trained practitioners in both our Kirkcaldy and Leven offices. In addition to the Acudetox we also facilitate a support group within our Kirkcaldy offices called The Hub, which aims to support individuals who have the collective goal to make positive changes in their lives, gain information on service and act as a gateway to services for individuals who may not be accessing main stream services.