



DAPL

DRUGS, ALCOHOL &  
PSYCHOTHERAPIES LIMITED

## How can I make a referral?

Making a referral is easy.

Simply give us a ring or drop us an email!

Telephone: 01333 422277

Email: [daplimited@gmail.com](mailto:daplimited@gmail.com)

**Drug, Alcohol & Psychotherapies Limited (DAPL)**

1-2 Parkdale Avenue  
Leven, Fife  
KY8 5AQ

Tel: 01333 422277

Fax: 01333 422288

Email: [daplimited@gmail.com](mailto:daplimited@gmail.com)

[www.dapl.net](http://www.dapl.net)



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# Are drugs or alcohol causing you problems or are you affected by another's use?

If so, we may be able to help. DAPL has been around since 1994 and provides specialist counselling, support, advocacy, information and awareness to people affected by their own or another's substance misuse throughout Fife.

There is no charge for any of these services.

## Does DAPL provide a counselling service only?

No, DAPL provides a range of other services too. These include:

- Alcohol and drug interventions
- Ear acupuncture
- Condom distribution
- Drug and alcohol information, support and guidance/awareness talks
- Blood borne virus support
- Referral to rehabilitation, employability and support services
- SMART recovery
- Motivational interviewing
- Recovery planning sessions

## Confidentiality

All the information shared with us will be kept confidential, in line with DAPL's confidentiality policy (we can give you a copy, if you would like one).

## Here's what a couple of people who have used the service have said:

“ I have found DAPL to be the best form of support that I have ever come across in my fight with my alcohol addiction which has spanned the last two decades.

Through the help of dedicated counsellors I am now well on the road to recovery. This would not be possible without DAPL.

I thoroughly believe that psychological therapy is vital to help people who are aiming to conquer their addiction.

**BRIAN**

“ From the start I have always been warmly welcomed at DAPL. I have had different issues regarding my addiction at different times throughout my time attending DAPL. However after each session with my counsellor I feel really motivated and supported to deal with anything in my life. I have had a clear plan of action throughout my sessions and this is reviewed on a regular basis. The quality of care that I have been given at DAPL is absolutely brilliant.

**SANDRA**

